

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

John P. Thayer YMCA Pool Schedule*

June 1st - July 31st

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED 5:00 - 6:00		CLOSED 5:00 - 6:00		CLOSED 5:00 - 6:00	
Lap 6:00-9:30	Masters Swim Only 5:00 - 7:00	Lap 6:00-9:30	Masters Swim Only 5:00 - 7:00		CLOSED 5:00 - 8:30
	Lap 7:00 - 9:00		Lap 7:00 - 9:00	Lap/ Lessons 6:00 - 1:00	Lap & Family
Lap & Hydro 9:30 - 10:30	CLOSED 9:00 - 12:00	Lap & Hydro 9:30 - 10:30	CLOSED 9:00 - 12:00		8:30 -10:00 Lap & Hydro 10:00 - 11:00
Lap/ Lessons 10:30 -1:00	Lap 12:00 - 1:00	Lap/ Lessons 10:30 -1:00	Lap 12:00 - 1:00		Lap & Family 11:00 - 2:00
CLOSED 1:00 - 4:30	CLOSED 1:00 - 4:30	CLOSED 1:00 - 4:30	CLOSED 1:00 - 4:30	CLOSED 1:00 - 4:30	
Lessons, Lap, Family 4:30 - 6:00	Lessons, Lap, Family 4:30 - 6:00	Lessons, Lap, Family 4:30 - 6:00	Lessons, Lap, Family 4:30 - 6:00	Lap & Family 4:30 - 7:00	CLOSED
Lessons & Hydro 6:00 - 7:00 Lessons, Lap, Family 7:00 - 8:30	Lessons & Lap 6:00 - 8:00 Lessons, Lap, Family 8:00 - 8:30	Lessons & Hydro 6:00 - 7:00 Lessons, Lap, Family 7:00 - 8:30	Lessons & Hydro 6:00 - 7:00 Lessons, Lap, Family 7:00 - 8:30	CLOSED	
CLOSED	CLOSED	CLOSED	CLOSED		

Monday - Thursday swim lessons 4:00, 6:00, & 7:00

Monday, Wednesday, Thursday:

Monday, Wednesday, Friday swim lessons 11:00am

6:00 - 7:00 Hydro Aerobics 0 lap lanes available

Saturday Hydro Aerobics 1 Lap lane available

Lifeguards hold the power to ask lap swimmers and/or families to share lanes

*Schedule is subject to change

^{*} Aerobics class must have 12 participants for 3 lanes to exercise