



SEPTEMBER WEEKEND SCHEDULE

SATURDAY - JOHN P. THAYER

FACILITY HOURS

Saturday:

8:00 a.m. - 2:00 p.m.

Sunday:

1:00 p.m. - 5:00 p.m..

CHILD WATCH

Saturday:

8:00 a.m. - 2:00 p.m.

	SEPT. 5TH	SEPT. 12TH	SEPT. 19TH	SEPT. 26TH
8:30 a.m.	LES MILLS BODYPUMP Tiffany	LES MILLS BODYPUMP Candice	Super Saturday/ Les Mills United Release Day - See Breakout Schedule for class line-up	LES MILLS BODYPUMP Judy
9:30 a.m.	LES MILLS RPM Bill	LES MILLS RPM Erica		LES MILLS RPM Bill
9:45 a.m.	LES MILLS BODYCOMBAT Candice	LES MILLS BODYCOMBAT Kayla		LES MILLS BODYCOMBAT Tiffany
11:00 a.m.	LES MILLS CXWORX Annika	LES MILLS CXWORX Judy		LES MILLS CXWORX Tiffany
11:45 p.m.	YOGA Daniel	YOGA Candice M.		YOGA Sara

SUNDAY - JOHN P. THAYER

	SEPT. 6TH	SEPT. 13TH	SEPT. 20TH	SEPT. 27TH
2:00 p.m.	CLOSED for Labor Day	LES MILLS BODYPUMP Andrea	LES MILLS BODYPUMP Nadean	LES MILLS BODYPUMP Kayla

SATURDAY - D.A. TURNER

FACILITY HOURS

Saturday:

8:00 a.m. - 2:00 p.m.

Sunday:

1:00 p.m. - 5:00 p.m..

CHILD WATCH

Saturday:

8:00AM - 12:30 p.m.

	SEPT. 5TH	SEPT. 12TH	SEPT. 19TH	SEPT. 26TH
8:30 a.m.	LES MILLS BODYPUMP Erica	LES MILLS BODYPUMP Annika	Super Saturday at Thayer	LES MILLS BODYPUMP Andrea
9:00 a.m.	LES MILLS sprint Josh	LES MILLS sprint Rachel	POUND Pound Team	LES MILLS sprint Nadean
9:45 a.m.	YOGA Sara	YOGA Ashley E.	YOGA Tessa	YOGA Catherine
9:45 a.m.	LES MILLS SH'BAM Kayla	LES MILLS SH'BAM Katie	Super Saturday at Thayer	LES MILLS SH'BAM Candice

SUNDAY - D.A. TURNER

	SEPT. 6TH	SEPT. 13TH	SEPT. 20TH	SEPT. 27TH
3:00 p.m.	CLOSED for Labor Day	YOGA Ronni	YOGA Ronni	YOGA Candice M.

SEPTEMBER SUPER SATURDAY SCHEDULE

SATURDAY, September 19th - JOHN P. THAYER

	GYM	CYCLE STUDIO	LAUNCH TEAM
8:30 a.m. - 9:00 a.m.	LES MILLS BODYPUMP		<i>BodyPump: Rachel, Kayla</i>
9:15 a.m. - 9:45 a.m.	LES MILLS BODYCOMBAT	LES MILLS RPM	<i>BodyCombat: Tiffany, Katie</i> <i>RPM: Annika, Nadean</i>
10:00 a.m. - 10:30 a.m.	LES MILLS SH'BAM	LES MILLS sprint	<i>Sh'Bam: Andie, Nadean</i> <i>SPRINT: Bill, Josh</i>
10:45 a.m. - 11:15 a.m.	LES MILLS CXWORX		<i>CXWORX: Karen, Andrea</i>
11:30 a.m. - 12:30 p.m.	YOGA <i>Ronni</i>		